

driver development & training

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Safe And Fuel Efficient Driving - SAFED

Based on Department for Transport Good Practice Guide 2100

Course Objectives

To promote 'Best Practice' in safe and fuel-efficient driving.

Who is this product intended for?

Anyone who drives.

Driver Benefits

Drivers develop skills that promote their safety and that of their vehicle, load and other road users. Through fuel-efficient driving, drivers raise their levels of professionalism and become more of an asset to the company.

Personal benefits include:

- Reduced stress levels and enhanced satisfaction of driving
- Increased confidence in vehicle control and driving performance.

Company Benefits

By developing the skills of their HGV drivers, in line with the SAFED standard, employers benefit due to:

- Reduced fuel spend
- Reduced CO2 and other harmful emissions
- Increased productivity and vehicle utilisation
- Improved resale value of the fleet
- Reduced running costs – Maintenance / Tyres
- Potential reductions in insurance premiums

Environmental Benefits

Safe And Fuel Efficient Driving contributes to:

- The development of a health and safety culture within a company
- Effective risk management
- Reducing CO2 and other harmful emissions
- Reducing vehicle and personal injury accidents / incidents.



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Programme Overview

The programme consists of one day's full training either 'on or off the job' and will be delivered on a candidate to instructor ratio of 1:1 or 2:1. The programme, which includes practical assessments and theory papers and is based around the following themes:

Accident prevention and reduction Fuel-efficient driving

All drivers will be assessed during the practical driving sessions, and recorded on individual marking sheets. A grading system will be used, combining practical driving assessments, safety check tests, and theory test exercises.

Introduction / Preliminary Session

This initial session outlines the fundamental aims and objectives of the programme. Licences will be checked for valid entitlements and penalty points / restrictions. An eyesight check will be carried out, requiring the driver to read, in good daylight (with glasses or contact lenses if worn) a vehicle registration mark at a distance of 20.5 m Other tasks include:

- Video presentation (VOSA)
- Vehicle / Safety checks

First drive 2 hours (1 hr per candidate)

Instructors Feedback and Vehicle / Roadcraft Instruction

Instructors Drive

Second drive 2 hrs (1 hr per candidate)

Underpinning Knowledge Exercise

Final Feedback / Discussion

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